

UPDATED: **JULY 8, 2019**

## MONDAY(A)

6:00am - KickFIT30  
4:00pm - Little Dragons (3-6 yrs old)  
4:30pm - White-Orange (Jr)  
5:15pm - White-Orange (Ad)  
5:15pm - KickFIT40  
6:00pm - Purple-Black (Jr)  
6:00pm - Pad Training (Invite Only)  
7:00pm - Purple-Black (Ad)  
8:00pm - Open Floor (Cand. & BB)

## TUESDAY(A)

10:30am - White-Black (Ad)  
11:30am - Krav Maga  
4:00pm - Candidate Open Floor  
4:45pm - Brown-Black (Jr)  
5:45pm - Dragons (3-6 yrs old)  
6:15pm - White-Green (Jr)  
7:00pm - White-Black (Ad)  
7:00pm - Krav Maga  
7:15pm - Jr. Jitsu

## WEDNESDAY(B)

4:00pm - Dragons (3-6 yrs old)  
4:30pm - White-Orange (Jr)  
5:00pm - Jr. Fight Training (Black Belts Only)  
5:15pm - White-Orange (Ad)  
6:00pm - Purple-Black (Jr)  
6:00pm - Jr. BB Candidate Class  
7:00pm - Purple-Black (Ad)  
7:00pm - Fight Training  
7:00pm - Krav Maga

### AVAILABLE PROGRAMS

Basic - BBT - Adv. BBT  
Black Belt - BB ELITE  
SWAT Training  
Assn. Instructor Training  
Leadership Training

### ELECTIVE CLASSES

Brazilian Jiu-Jitsu (Jr & Ad)  
Krav Maga - Pad Training  
Fight Training - KickFIT

## THURSDAY(B)

6:00am - KickFIT30  
10:30am - White-Black Ad  
11:15am - Ad. Jiu-Jitsu (no gi)  
4:00pm - Candidate Open Floor  
4:45pm - Brown-Black (Jrs)  
5:45pm - Dragons (3-6 yrs old)  
6:15pm - White-Green (Jrs)  
6:15pm - White-Orange (Ad)  
6:20pm - KickFIT40  
7:00pm - BB Candidate Class  
7:00pm - Purple-Black (Ad)

## FRIDAY(A)

TEAM T\_SHIRT DAY

10:15am - Krav Maga  
4:30pm - Dragons (3-6 yrs old)  
5:00pm - White Belt (Jr & Ad)  
5:30pm - BBT Material Class (Jr)  
6:00pm - Demo Class (invitation only)  
6:30pm - BBT Material Class (Ad)  
6:30pm - Jr. Jitsu  
7:00pm - Krav Maga (Ad)

## SATURDAY(B)

TEAM T\_SHIRT DAY

8:00am - KickFIT30  
8:30am - Fight Training  
8:30am - BB Candidate Class  
10:00am - Dragons (3-6 yrs old)  
10:00am - W/Y/O (Jr)  
10:45am - Purple-Black (Jr)  
10:45am - White-Black (Ad)  
11:45am - Jr. Jitsu  
11:45am - Krav Maga  
1:30pm & 3:30pm Birthday Party

## SUNDAY (A)

TEAM T\_SHIRT DAY

10:30 am - Dragons (3-6 yrs old)  
10:30 am - White Belts (Jr & Ad)  
11:15 am - Yellow-Black (Jr)  
12:00 pm - Yellow-Black (Ad)  
1:30 pm - Birthday Party

**A DAYS - No Gear Needed**  
**B DAYS - Safety Gear Needed**

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student website:

[www.impactMAF.com](http://www.impactMAF.com)

[Facebook.com/TeamFeidt](https://Facebook.com/TeamFeidt)

