

# VIRTUAL & IN DOJO CLASS SCHEDULE

Starting: October 19, 2020

## MONDAYS

9:00a-KRAV MAGA (ZOOM ONLY)  
4:00p-DRAGONS + ZOOM  
4:30p-YEL - GR JRS (BBC + 15m.) + ZOOM  
5:15p-KickFIT30 + ZOOM  
5:30p-WHITE BELTS (NO ZOOM)  
6:15p-BR - BLK JRS + ZOOM  
7:15p-YEL - BLK ADS + ZOOM

## THURSDAYS

3:45p-EXTRA HELP (NO ZOOM)  
4:30p-BR - BLK JRS + ZOOM  
5:00p-KickFIT30 (ZOOM ONLY)  
5:30p-DRAGONS + ZOOM  
5:30p-WHITE BELT JRS (NO ZOOM)  
5:45p-WHITE BELT ADS (NO ZOOM)  
6:30p-YEL - GR JRS (BBC + 15m.) + ZOOM  
6:30p-PAD CLASS (NO ZOOM)  
7:30p-YEL - BLK ADS + ZOOM

## TUESDAYS

3:45p-EXTRA HELP (NO ZOOM)  
4:30p-BR-BLK JRS + ZOOM  
5:30p-DRAGONS + ZOOM  
5:30p-WHITE BELT JRS (NO ZOOM)  
5:45p-KALI + ZOOM  
6:30p-KRAV MAGA STRIKING (NO ZOOM)  
6:30p-YEL - GR JRS (BBC + 15m.) + ZOOM  
7:30p-WHITE BELT ADS (NO ZOOM)  
7:30p-YEL - BLK ADS + ZOOM

## FRIDAYS

4:00p-YEL - GR (BBC + 15m.) + ZOOM  
5:00p-BR - H.RED + ZOOM  
5:30p-WHITE BELTS (NO ZOOM)  
6:00p-HYPER CLASS + ZOOM  
6:15p-BLK BELTS MATERIAL CLASS (NO ZOOM)

## WEDNESDAYS

4:00p-DRAGONS + ZOOM  
4:30p-YEL - GR JRS (BBC + 15m.) + ZOOM  
5:15p-KickFIT30 + ZOOM  
5:30p-WHITE BELTS (NO ZOOM)  
6:15p-BR - BLK JRS + ZOOM  
7:15p-YEL - BLK ADS + ZOOM  
7:15p-KRAV MAGA + ZOOM

## SATURDAYS

8:00a-Pad Training (ZOOM ONLY)  
(Pad Training students & Black Belts Only)  
10:00a-DRAGONS + ZOOM  
11:00a-DEMO CLASS (NO ZOOM)  
11:00a-WHITE BELTS (NO ZOOM)  
11:45a-OPEN FLOOR (NO ZOOM)  
12:15p-KRAV MAGA + ZOOM

## SUNDAYS

9:00a-Yoga & Stretch (ZOOM ONLY)

**GO TO:** [www.picktime.com/teamfeidt](http://www.picktime.com/teamfeidt) to schedule the in dojo classes that are available.

**Basic Program Members:** 2 in dojo classes & 1 Zoom class a week

**BBC Members & Black Belts:** 3 in dojo Core M.A. classes & unlimited Zoom classes